

LEARN TO PLAY BRIDGE

QUEENSLAND BRIDGE ASSOCIATION

The world's most popular mind sport.
www.qldbridge.com



WHAT IS BRIDGE?

The form of bridge played today is called 'contract bridge' and it was invented in 1925. It is the most popular card game in the world with over 100 countries as members of the World Bridge Federation.

The estimated number of bridge players world-wide exceeds 60 million.

Bridge is played by four players and is a partnership game with one partnership opposing the other.

The appeal of bridge is that it is an easy game to learn, a hard game to master and you don't have to be an expert to enjoy it.

HEALTH BENEFITS

The medical profession is only now coming to realise that, as people are tending to live longer, remaining mentally fit may be as important as maintaining levels of physical fitness. More and more often chess, bridge, backgammon and crossword puzzles are being cited as excellent activities for keeping the brain exercised and stalling the onset of Alzheimer's disease and other dementias.

It's a great way to improve your:

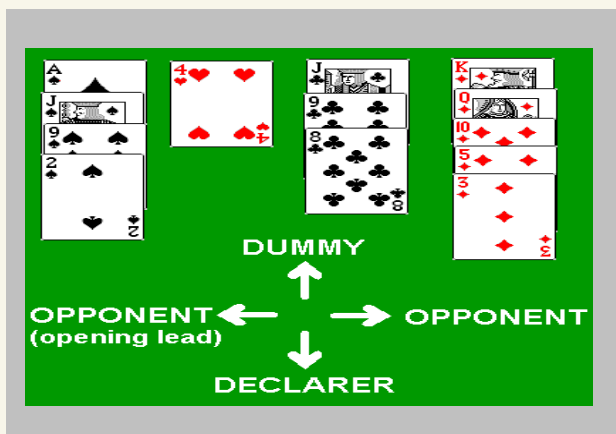
- memory
- logical thinking skills
- problem-solving ability
- concentration; *and*
- critical thinking ability.



Some advantages of playing bridge :

- ✓ inexpensive
- ✓ mentally challenging
- ✓ a great retirement hobby
- ✓ provides extensive opportunities to play competitively (*for those who are interested*)
- ✓ lots of social interaction with people from all walks of life
- ✓ can be played on-line as well as in a club
- ✓ can be enjoyed anywhere in the world
- ✓ it's lots of fun!

HOW TO GET STARTED



FOR INFORMATION ABOUT BEGINNER CLASSES

Arana Bridge Club

Tramway Street, Ferny Grove

Contact: Tony Agar on 3851 1362

Brisbane Bridge Centre

104 Frederick Street, Annerley

Contact: Tracey Newnham on 3392 7933

CARDS Bridge Centre

New Farm Bowls Club

Brunswick Street, New Farm

Contact: Joan Butts on 0413 772 650

Kenmore Bridge Club

98 Brookfield Road, Kenmore

Contact: Tim Runting on runting@bigpond.net.au

Northern Suburbs Bridge Club

116 Gerler Road, Hendra

Contact: Diana Dick on 3378 4999

Queensland Contract Bridge Club

67 Ipswich Road, Woolloongabba

Contact: Toni Bardon on 3391 3241

Redcliffe Bridge Club

157 Sutton Street, Redcliffe

Contact: 3883 4405

Redland Bridge Club

250 Cleveland-Redland Bay Road, Thornlands

Contact: Sylvia Decker on 3821 6101

Sunnybank Contract Bridge Club

69 Nathan Road, Runcorn

Contact: 3344 5577

Toowong Bridge Club

22 Roy Street, Auchenflower

Contact: Barry O'Donohue on 0421 601 075

Western Suburbs Bridge Club

Graceville Bowls Club

Wylie Street, Graceville

Contact: Lola on 3892 2983