



HOW TO RESET YOUR PASSWORD

If you have forgotten your My ABF password here are the steps to reset it.

Step 1. Go to the login screen:

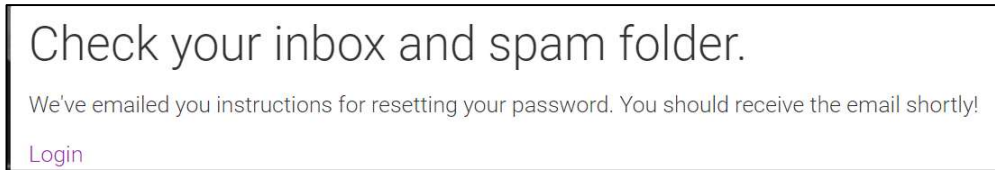
A screenshot of the My ABF login screen. The top section has an orange background with the text 'My ABF' and a logo icon, followed by 'Come on in'. Below this are two input fields: the first contains the number '518891' and the second contains a masked password '.....'. A blue 'LOGIN' button is positioned below the fields. At the bottom, there are two links: 'Sign Up' on the left and 'Reset password' on the right. A red arrow points from the 'Reset password' link to the next screenshot.

Step 2. Click Reset password to bring this up:

A screenshot of the My ABF Password Reset screen. The top section has a red background with the text 'My ABF' and 'Password Reset', followed by a refresh icon. Below this is the instruction: 'Enter your email address and we'll send you a link to reset your password.' The 'ABF Technology Team' logo is centered. There is an 'Email Address' input field. A dark grey 'RESET' button is located below the input field. At the bottom, there are two links: 'Log In' on the left and 'Sign Up' on the right. Two red arrows point from the 'RESET' button to the 'Email Address' field and from the 'RESET' button to the 'Log In' link.

Step 3. Type the email address for your account and click Reset.

You should receive a message onscreen looking like this:



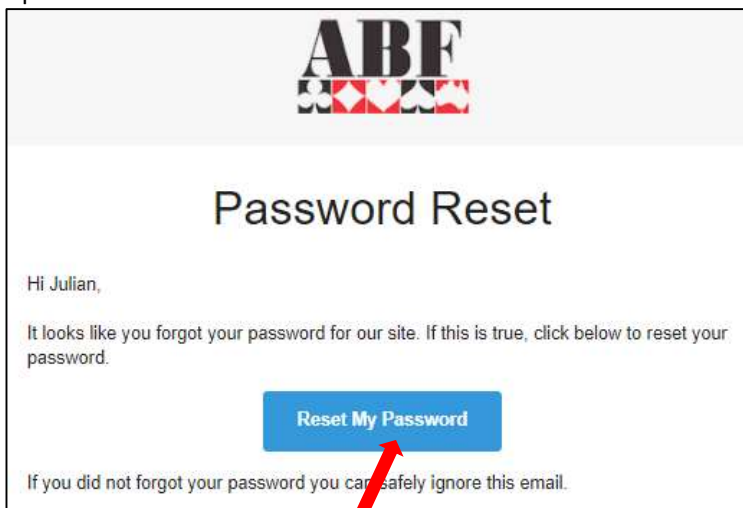
Step 4. Find the email. It will be from “My ABF” with a subject “Password reset request” and looks like below.

If you do not receive the email:

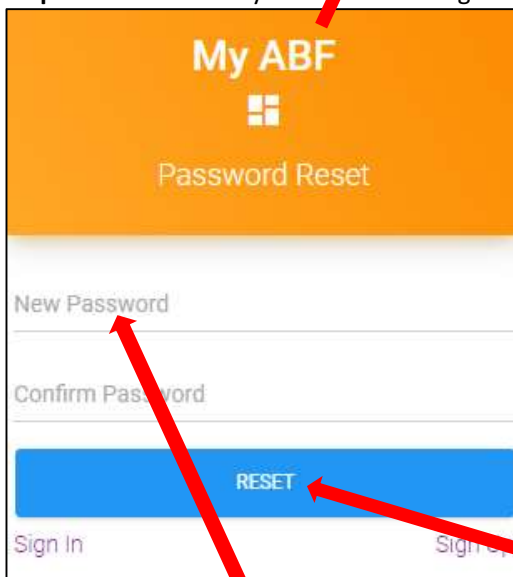
- a) Check your spam folder to see if it is there.
- b) Check that you have provided the right email address (the reset email will only be sent if the email provided at step 2 matches the email address in your account). Try again if necessary.

If you still cannot find the email contact My ABF Support.

Open the email:

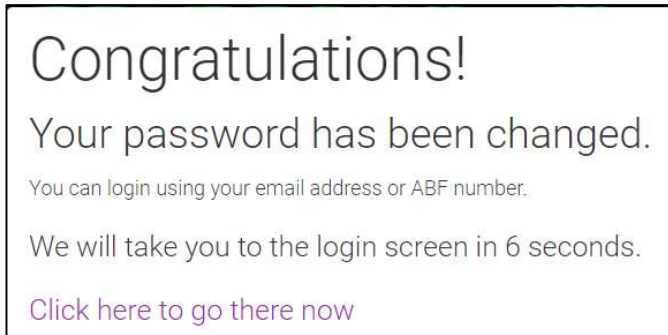


Step 5. Click Reset My Password to bring this up:



Step 6. Enter a new password; confirm it in the next field and click Reset.

You should receive a message onscreen looking like this:



You will be automatically taken back to the login screen after 10 seconds, or you can click the link to go there immediately.

Step 7. Log back in using your new password.